

CURRICULUM VITAE

Dr. Abhay M. Shankaregowda, B.N.Y.S., M.D. (Yoga)
Naturopathy Physician & Yoga Therapy Consultant
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Professor & Principal,
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Swami Vivekanand Subharti University, Subhartipuram,
NH-58, Delhi-Haridwar Bypass Road, Meerut, Uttar Pradesh, India-250005.

Professional Skills

Good communication, Presentation, Effective interaction, Enterprenurship, Logistics, Quality Administration, Good Governance, Event management, Organization & Team Leader

Educational Qualification

| Sl. No. | Degree | College/University | Year of Completion | Achievement |
|---------|-----------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--------------------|-----------------------------------------------|
| 1. | B.N.Y.S. (Bachelor of Naturopathy & Yogic Sciences) | SDM College of Naturopathy & Yogic Sciences, Ujire/ Mangalore University | 1999 | 64% |
| 2. | M. D. (Yoga) [Doctor of Medicine Yoga (Clinical)] | SDM College of Naturopathy and Yogic Sciences, Ujire/ Rajiv Gandhi University of Health Sciences, Karnataka | 2013 | First Rank- Secured Sitaram Jindal Gold Medal |

Work Experience (Total 22 Years)

| Sl. No. | Nature of Work | Details |
|---------|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. | Teaching | <ul style="list-style-type: none">Under Graduate Teaching (BNYS Course)- Assistant Professor in SDM college of Naturopathy and Yogic sciences, Ujire (October 2000 – July 2015)Under Graduate Teaching (BNYS Course)- Professor, Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut (August 2015 –Till Date)Post Graduate Teaching (MD in Yoga course)- SDM college of Naturopathy and Yogic sciences, Ujire (January 2014 - July 2015) |
| 2. | Clinical | <ul style="list-style-type: none">Senior Medical officer & Consultant at SDM Nature Cure Hospital, Shanthivana, Dharmasthala (October 2000 – July 2015)Chief Medical Officer, Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut (August 2015 –Till Date) |
| 3. | Academic & Research | <ul style="list-style-type: none">External examiner, MGR Medical University, Chennai, SVYASA University, Bangalore,Deputy Chief Superintendent, University Examinations, Internal & External Examiner, Squad Chief for Examinations, Question Paper Review Panelist, Rajiv Gandhi University of Health Sciences, Bangalore.PG Guide for MD Yoga in Rajiv Gandhi University of Health Sciences, Karnataka |

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| | | <ul style="list-style-type: none"> • Attended numerous Conferences Seminars & Workshops as Delegate, Invited Speaker, Paper Presenter, Chair Person • Co-guide for MDS & PhD Molecular Biology Candidates • Member of the National sub-committee Ministry of AYUSH, Government of India - for developing Uniform Syllabus of BNYS throughout the country & Regulation of Academic Institutions & courses of Yoga & Naturopathy. • Dean Faculty of AYUSH, Swami Vivekanand Subharti University, Meerut (September 2017 –Till Date) • Dean Academics, Swami Vivekanand Subharti University, Meerut (June 2022 – April 2023) |
| 4. | Administrative | <p>Past</p> <ul style="list-style-type: none"> • Served as Warden of Pathanjali Mens Hostel & Mess, SDMCNYS, Ujire for 5 years • Member Executive Council, Swami Vivekanand Subharti University, Meerut (Feb 2018 – 2020) <p>Present</p> <ul style="list-style-type: none"> • Principal, Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Meerut (August 2015 –Till Date) • Dean Faculty of AYUSH, SVSU (Sep, 2017 till date) • Pro-Vice Chancellor, Swami Vivekanand Subharti University (Dec 2021 till date) |
| 5. | Special Responsibilities | <ul style="list-style-type: none"> • Developed the Dept. of Physiotherapy at SDM Yoga & Nature Cure Hospital, Shanthivana, Dharmasthala in 2002 • Planning, Logistics & Development of SDM Out-patient Treatment facility at SDM College of Naturopathy & Yogic Sciences, Ujire in 2007 • Designed & developed the SDM College of Naturopathy & Yogic Sciences, Ujire website www.sdmbnys.in • Organizing Secretary SDM International Conference on Yoga & Naturopathy, December 2014 • Designed & developed the SDMICYN Conference website www.sdmicyn.com • Special Consultant for Student, Faculty & Staff Wellness Centre, SVSU, Meerut • Consultancy for the Planning, Logistics & Development of Day Spa for MAK Choice Pvt. Ltd, Meerut |
| 6. | Social Responsibility | <ul style="list-style-type: none"> • Delivered numerous health talks at public gatherings, schools, colleges on topics like Disease Prevention, Healthy Lifestyle, Hygeine, Yoga in daily life etc., • Organized numerous Awareness Camps & Naturopathy & Yoga Treatment Camps |
| 7. | Awards | <ul style="list-style-type: none"> • Sushrut Medical Science Award - 2018 • Subharti Extra ordinary Services Award - 2020 • Award of Maximum Achievements in less than 10 years of service in Subharti University - 2022 |
| 8. | Other Achievements | <ul style="list-style-type: none"> • On Call Consultant for Integrative Medicine, Benaka Health Centre, Ujire, Abhaya Hospital, Guruvayankere & Sri Krishna Hospital, Kakkinje (Oct 2000 to July 2015) • Co-Founder & Advisor, Sanmati Health Care & Research Centre, Belgaum • Advisor & Senior Consultant, HomeoAyur, Speciality Homeopathy & Ayurveda Centre, Belgaum |

Computer Skills

MS Office Word, MS Office Powerpoint, MS Office Excel, Adobe Photoshop, HTML in Adobe Dreamweaver

Languages Known

8 languages: English, Hindi, Kannada, Tulu, Tamil, Malayalam, Konkani, Marathi

Extracurricular activities:

- Drawing, Painting, Photography
- Shuttle Badminton, Cycling, Adventure Motor Sports

Personal Details:

Indian, Born on 20th March 1978 in Belgaum, Karnataka & Married

Dr. Abhay M. Shankaregowda